It's important that you choose a Bachelor’s programme that fits you well. In addition to gathering information on the website and participating in information activities, VU Matching helps you to make the right decision. VU Matching is required for the Bachelor’s programme Psychology.

For students with a foreign degree who cannot participate in the matching activity at the VU due to the distance VU Matching consists of:

1. Completing a digital matching questionnaire in VUnet
2. Participating in a online matching activity.

**Ad 1. The digital matching questionnaire**

The questionnaire enables you to check whether you have chosen the right degree programme. For example, it includes questions about your study skills and questions that investigate whether your interests match the degree programme of your choice. After completing the questionnaire, you will receive feedback immediately. You will need to fill out the digital matching questionnaire in VUnet before you participate in the matching activity.

**Ad 2. Online matching activity (for students with a foreign degree)**

If you cannot participate in the matching activity at the faculty due to the distance between your present residence and the VU, you need to participate in an online matching activity.

Please note that your participation in the online matching activity is mandatory—if you have not taken part, you cannot register for the programme. The online matching activity will give you a realistic impression of the Bachelor’s programme, allowing you to experience whether the programme matches your expectations. After you have completed the online matching activity, you will receive a personalized recommendation enabling you to make your final decision with confidence. You will receive an invitation to participate in the online matching activity from mid-March onwards.

There are no costs involved and the results are an advise, not binding, if you apply before 1 May. You can find more information in English about VU Matching for students with a Dutch degree [here](#).